

**Topic: Family Planning**  
**Class: B.Sc Part –III (Hons.)**  
**Paper- VII**  
**Group – A**

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## Condoms and spermicides

- Condoms are about 85 percent effective in preventing pregnancies.
- That means that out of 100 females whose partners use condoms, 15 will still become pregnant during the first year of use, according to the nonprofit advocacy group Planned Parenthood.
- Unwanted pregnancies usually occur because the condom is not attached or used properly or breaks during intercourse.
- More protection against pregnancy is possible if a spermicide is used along with a condom.

- Spermicide is a pharmaceutical substance used to kill sperm, especially in conjunction with a birth-control device such as a condom or diaphragm.
- Spermicides come in foam, cream, gel, suppository, or as a thin film.
- The most common spermicide is called nonoxynol-9, and many condoms come with it already applied as a lubricant.
- However, spermicides do not kill HIV or other sexually transmitted viruses and do not prevent the spread of HIV and other STDs.

- Also, nonoxynol-9 can irritate vaginal tissue and thus increase the risk of getting an STD.
- In anal sex, especially between two males, spermicides also can irritate the rectum, increasing the risk of getting HIV.
- Spermicides are specifically discouraged for use by gay or bisexual males for anal sex.
- Latex condoms are also recommended over condoms made from other materials, especially lambskin, because they are thicker and stronger and have less risk of breakage during sex.

- Non-latex condoms do not prevent the spread of STDs, including HIV, and should not be used by gay or bisexual men or men who have HIV or other sexually transmitted diseases
- Condoms are available over-the-counter, meaning they do not require a prescription, and there are no age restrictions on purchasing condoms.
- They are available at a variety of locations, including drug stores, convenience stores, supermarkets, and **family** planning clinics.
- They are also available for purchase on the Internet.